

# EMOTIONAL INTELLIGENCE AND RULER

Why emotional intelligence matters for you and your child in today's world. A look at RULER – an approach that teaches people of all ages how to develop their emotional intelligence.

## Workshop

6:00 PM–7:30 PM.

**Thursday, March 13th**

PTA Meeting, Library, Spring Glen School

Spring  
Glen PTA

JOIN THE YALE CENTER FOR EMOTIONAL INTELLIGENCE STAFF FOR A LIVELY WORKSHOP WITH PRACTICAL STRATEGIES.

**Yale** *Center for Emotional Intelligence*

